



**Master Practitioner NLP Certification Program  
by Kuunganisha training&coaching Kenya  
We are human first!**

## **INTRODUCTION**

Welcome to the master practitioner training/Life Coach grade 2 of Kuunganisha training and coaching. In this training your own growth process as a person and coach will continue, the journey you have started in the NLP practitioner. The training is acknowledged and accredited by the IANLP ([www.ia-nlp.org](http://www.ia-nlp.org)) which has the highest and most demanding NLP standards and ethics globally.

You get more insights in the depth structure of yourself and NLP. Also your toolbox will be filled with more techniques which you can use to empower the people you work with, on belief/identity level. Also we will make a bridge to spirituality.

### **End terms Master Practitioner Kuunganisha training and coaching**

The master practitioner training knows 5 basic principles:

1. deepen ourselves in the NLP basic material (on the higher neurological levels)
2. Integration of NLP practitioner elements (and to combine elements) in your coaching
3. become more unconscious competent (capable to handle processes)
4. To develop your own vision from identity and mission
5. To develop your own workshop whereby you fully integrate NLP

The end terms knows three learning areas:

- INSIGHT in processes and structures (this presumes you have knowledge)
- SKILLS in techniques and processes
- CONGRUENT ATTITUDE with NLP

**Insight goals:** the student knows/understands:

- The principal and technique of modelling (which steps to take and out of which parts does a model assignment exist);
- Function and hierarchy of values;
- Principle and function of hindering beliefs (structure of a belief);
- Principle of neurological levels, chunking, core detector and core transformation;
- Function and meaning of 'meta-program's'
- Principle and structure of releasing obstacles above, on, next to the time line (working with time-line techniques)
- Insight in language patterns, the structure of language.

**Skill goals:** the student can:

- Do a model assignment (student-master-coach) and prepare a workshop;
- Elicit and change a value-hierarchy;
- Elicit and handle the structure of a belief;
- Hear meta-programs of people and match or steer them
- Apply certain master change-techniques on a belief level eg:
  - ☐ Time line therapy
  - ☐ Re-imprint
  - ☐ Horse shoe model
  - ☐ Criteria spin
  - ☐ Core transformation
  - ☐ Master time line
  - ☐ Identity Matrix
- Recognize and use language patterns in communication (meta, Milton, smart-goals and sleight of mouth)
- Work with NLP practitioner elements:  
NLP assumptions, coach commitments, sub modalities, anchoring, reframing, REP-systems, calibrating, strategies, formulate target, coach positions.

**Attitude:** the student shows:

- To have integrated the NLP assumptions;
- To have an ecological approach to and with people;
- Use principles and techniques on themselves as well as others;
- Awareness of violations in generalizations, distortions, deletions in a certain context;
- Strive to coach-congruency; be a coach to themselves and others with flexibility, creativity and responsibility.
- The integration of neurological levels, awareness of own identity, mission, and vision and presents this congruence.

Extra tools:

The training will contain also parts of systemic coaching, HNLP (Humanistic NLP) techniques based on hypnotherapy and conversational coaching.

In order to sit for the exam, the student has to present:

- A full model assignment and conducting the workshop
- 5 reports of practicing (sessions) with one client
- a paper about the own vision, identity and mission as a coach after completed practitioner and master level
- reading two relevant books and bookreports
- Master your practitioner
- the attendance of 10 buddy meetings during the training with fellow participants
- to have followed a minimum of 80% of the course

The exam will contain two days:

1. theory exam
2. full coaching session
3. presentation of the model assignment



The training will be led by Marianne Verrijt, Int. NLP trainer of Kuunganisha training&coaching. Since 17 years she trains full passion NLP and Systemic work in Kenya, the Netherlands, Belgium and Italy. Her experience in dealing with intercultural communication, team- and organizational change work and letting people discover their own strength, makes her concept unique. Together with a number of trainers she brings out the highest standards of the European flow of NLP. She likes to call NLP: New Life Path. Because that is what it does. Connected from the heart, from a sincere curiosity asking magic questions to touch the inner coach of yourself and the person you are working with.

**Practical Information:****Duration of training:**

130 hours according the IANLP/NVNLP standards. Facilitation will be by Marianne Verrijt-Onyango and associate trainers from Kuunganisha training and coaching. Self study is around 40 hours

**Start training:**

26<sup>th</sup> of June: Kick off session

July/August several preparation exercises

4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> of September 2025

25<sup>th</sup>, 26<sup>th</sup> and 27<sup>th</sup> of September 2025

October 2025: several online sessions and 17<sup>th</sup> October 2025 (mentorsession)

6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> of November 2025

4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> of December 2025

December 2025 and January 2026: model assignment and personal coaching check in 23<sup>rd</sup> and 24<sup>th</sup> of Januari 2026(24<sup>th</sup> is evaluation and presentation Model Assignment)

6 online lessons of max 2 hours to be planned with group in the evenings.

**Investment in yourself:**

\$2200,00 (or equivalent in KSH or Euro)

Booking and full payment before 27<sup>th</sup> of April gives you \$100 discount.

**Location:**

Nairobi, Chez Mahmadi

**Including:**

Manual, tea, coffee, water and healthy snack, personal coaching session by team

Kuunganisha training and coaching, online support, personal guidance and feedback model assignment, relevant articles

**Certification:**

The Master practitioner Certificate is an international recognized certification by the IANLP, ABNLP and KANLP

For Bookings:  
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